

Topic 12 – Goal Setting

- Think about a personal/professional goal that you would like to achieve. Maybe it's to learn a new area of law/expertise. Maybe it's to explore a potential new career path. Maybe it's to learn a new hobby. What does it take to achieve the goal?
 - Consider possible goals. Make a list of things you would like to accomplish. Nothing is too crazy or outlandish.
 - Become SMART. ("Specific, Measurable, Attainable, Realistic, and Timely.")
 - Specific. What is specific about the goal? Cannot be vague. (e.g. don't say: "I want to read more books. Instead, set the goal to read 1 book/week.")
 - Measureable. Is the goal measureable? How will you know if you've met the goal?
 - Achievable. Can you achieve the goal in the time period provided?
 - Realistic. Is the goal realistic?
 - Timely. What is the time period for achieving the goal?
 - Selecting/Categorizing goals. Once you've made your list, select a few and create SMART goals related to them. It may also help to categorize the goals—short-term vs. long-term.

Articles: <https://business.lovetoknow.com/business-operations-corporate-management/setting-business-goals>

<https://business.lovetoknow.com/business-operations-corporate-management/examples-smart-goals-objectives>

Possible Discussion Questions:

- Why are goals important?
- Can you share a goal that you've recently set? How do you plan to achieve the goal?
- Can you think of a time where you met/failed at a goal? What did that experience teach you?
- How are plans and goals related?
- How important are goals to you?
- Are goals necessary to achieve success?