



Sureya Naidoo BA, CPCC, PCC, ORSC, AoEC
Life and Leadership Coach

A CONSULTANT IN MIND. AN ADVOCATE FOR GROWTH.

A TRANSFORMATIONAL LEADER - IN SPIRIT. A DRIVER OF CHANGE.

A COACH AT HEART. A COLLECTOR OF STORIES. A DISCIPLE OF COURAGE.

A multicultural Leadership Coach passionate about people, organizational change management and innovation. Strengths include establishing inner and outer core characteristics, bolstering self-awareness – to increase self-regulation, professional development, design healthy relationships, strategic planning and conflict resolution. Exceptional interpersonal skills, negotiation, communication improvement, creative problem solving and teamwork.

Having acquired two and half decades of personal and professional life experiences in the Corporate World, the latter being largely in Management, which is where I harvested insights into my strengths and vulnerabilities, as well as developed resilience. Leveraging from the expansive observational learnings, I consciously assembled my coaching services to address and cultivate the necessary skills and capabilities, as well as enrich the emotional intelligence necessary to move forward and thrive as a Leader.

I am enthused to work with professionals who are challenged by the inner conflict of their thoughts in their daily lives, as a result of the unfulfilled choices they are making. How long have you gotten discouraged, when the change you've anticipated, was met with what felt like another epic fail? Tempted to succumb and recede, believing it's not meant to be! Being human renders us fallible, as such we fall prey to our negative self-talk.

My unrelenting passion for igniting change in others, enables me to transform lives in a very intentional way, through powerful presence. Throughout the Coaching journey, my clients make profound realizations, allowing them to individuate from the challenges of society and live a life based on their own terms, and from a place of fulfilment.

I leverage my empathetic nature when approaching team Coaching towards, building trusting relationships within diverse cultures, using perspective thinking as a foundational principle for team cohesiveness.

Field of expertise:

- **Leadership and Career Coaching:** *Lead Accountability, demonstrate emotional Intelligence, build genuine trust, Critical Thinking in Leadership, Unleash the Leader within, Discover your key motivators and drivers for success. Develop an increased self-awareness by recognising any behaviours, attitudes and perceptions that could be standing in your way of success.*
- **Life Coaching:** *Individual Coaching (Living on Purpose, Awakening the Greatness within, Mastery of Balance, or managing hot buttons), on both a Personal and Professional level.*
- **Team Coaching:** *Learn how to engage in Crucial conversations, The Art of Co-creation in working teams, mastering effective communication in teams, Recognizing Role Confusion and the conflict it causes, introducing teams to a 'system- thinking perspective', Understanding and implementing healthy boundaries).*

I am an ICF Certified professional Co-Active Coach®; an Organization and Relationship Systems Coach (ORSC™); Evocative Leadership Mastery (ELM) and Systemic Team Coaching (AoEC), as well as a member of the International Coaches Federation (ICF) Dubai Chapter and enlisted as a Global accredited International Coach.