



KEMI NEKVAPIL BIO

My role as an executive and personal coach is to hold the vision you have for yourself and your life, and then ask you powerful questions that enable clarity, focus and purpose. We first identify the obstacles and challenges that you are facing, be they work based or personal and go to work on them.

Once you are clear on what you want to achieve, and what is hindering your progress, together in partnership we design actions that will best serve to take you closer to your life vision. I am there to support you and hold you accountable on your journey of growth and creation.

I never judge, and I never shame; I will always get to the point with compassion and clarity, so you can get what you need when you need it. I will hold you accountable for what you want for your life.

I am an International Coaching Federation credentialed coach and I work with professional and ethical coaching standards; I have completed stringent education and experience requirements and I have a strong commitment to excellence in coaching.

Married to a barrister for the last 16 years, I understand the pressures placed on those in the legal profession and the impact this can have on their families.

I am also mother of teenagers, an endurance athlete running 42km-100km races, a dedicated gardener and lover of really good food.